# Supported Decision Making: 7 Juicy True Stories and More

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#### First In Families of NC



Supporting NC families for 25 years ...to reach their **self-determined** goals and long term dreams





...to live in homes of their own, be with people they **choose**.

# Self Determination = Choice = Supported Decision Making (Jonathan Martinis)

What's the winning Recipe??



#### Today's stories will tell:

- Where are we (the tough place)
- The wonderful part
- The stakes
- Supportive or supported?
- What you can do to help



#### TJ & Jenna

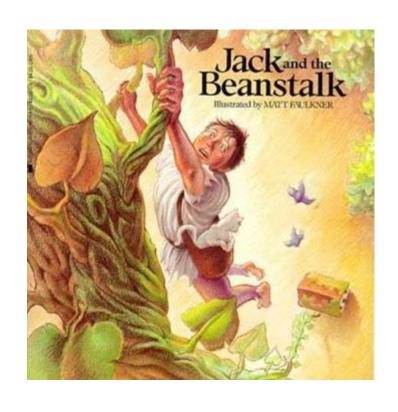


# "Agency"





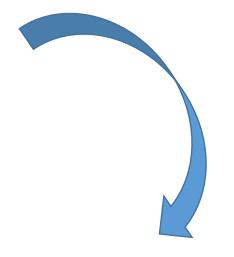
### Jack





#### Vulnerable people

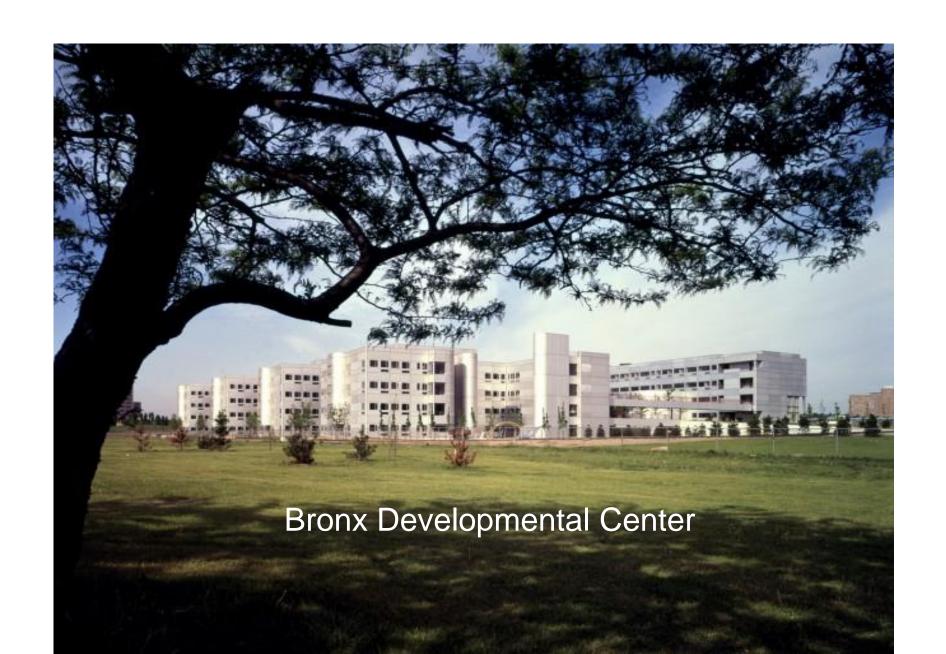
Majority of our History as Humans



Survival of the fittest or by pure Luck

Some Swam

Many Sunk



Changing environments, changing approaches. But who decides what & how?

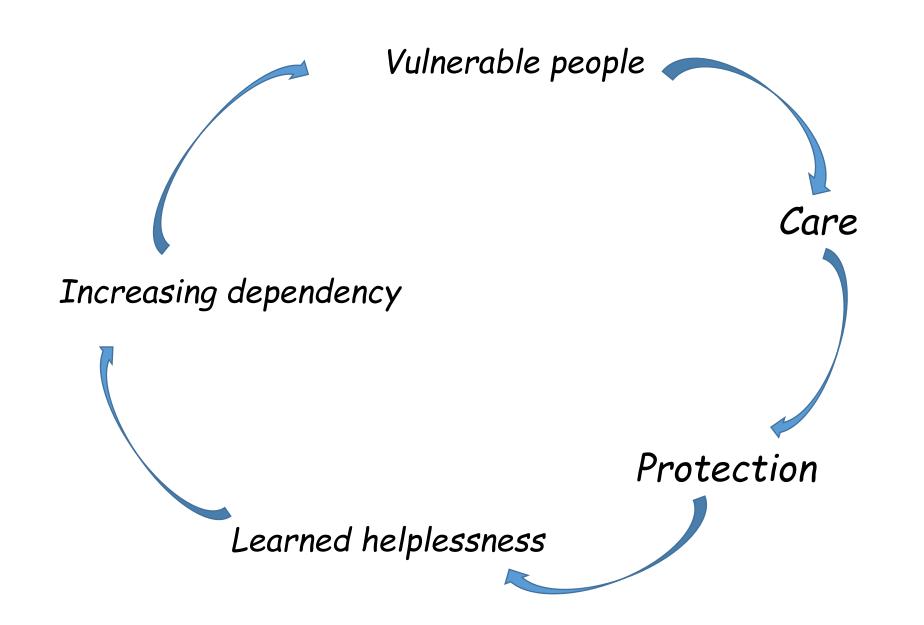
### Olmstead



#### Trusted people

- With, or without, Forms and Agreements
- Changes over time
- One conversation at a time
- Builds confidence





Well meaning, imperfect
System

#### Danger lurks





#### Upstairs or downstairs??





# Trouble in paradise



#### Conflict





## dignity of risk and more dignity



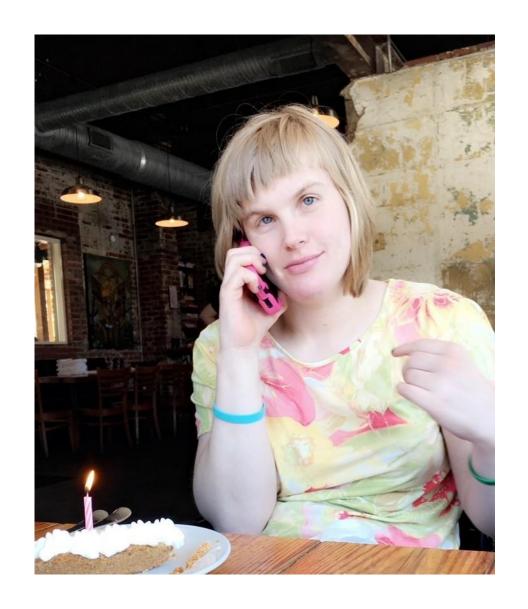
#### Nathan the Innovator



# Bowling with Sloan



#### Guess what?



#### Good call



#### Bonnie

https://tinyurl.com/ybxjbak7





Thank you! Conversation & questions

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