Supported Decision Making: 7 Juicy True Stories and More

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First In Families of NC

Supporting NC families for 25 years

...to reach their **self-determined**
goals and long term dreams

...to live in homes of their own, be with people they **choose**.
Self Determination = Choice = Supported Decision Making (Jonathan Martinis)

What’s the winning Recipe??
Today’s stories will tell:

• Where are we (the tough place)
• The wonderful part
• The stakes
• Supportive or supported?
• What you can do to help
TJ & Jenna
“Agency”
Jack and the Beanstalk
Vulnerable people

Survival of the fittest or by pure Luck

Many Sunk

Some Swam

Majority of our History as Humans
Bronx Developmental Center
Changing environments, changing approaches. But who decides what & how?

Olmstead
Trusted people

• With, or without, Forms and Agreements
• Changes over time
• One conversation at a time
• Builds confidence
Vulnerable people → Care → Protection → Increasing dependency → Learned helplessness → Well meaning, imperfect System
Danger lurks
Upstairs or downstairs??
Trouble in paradise
Conflict
dignity of risk and more dignity
Nathan the Innovator
Bowling with Sloan
Guess what?
Good call
Bonnie

https://tinyurl.com/ybxjbak7
Thank you! Conversation & questions